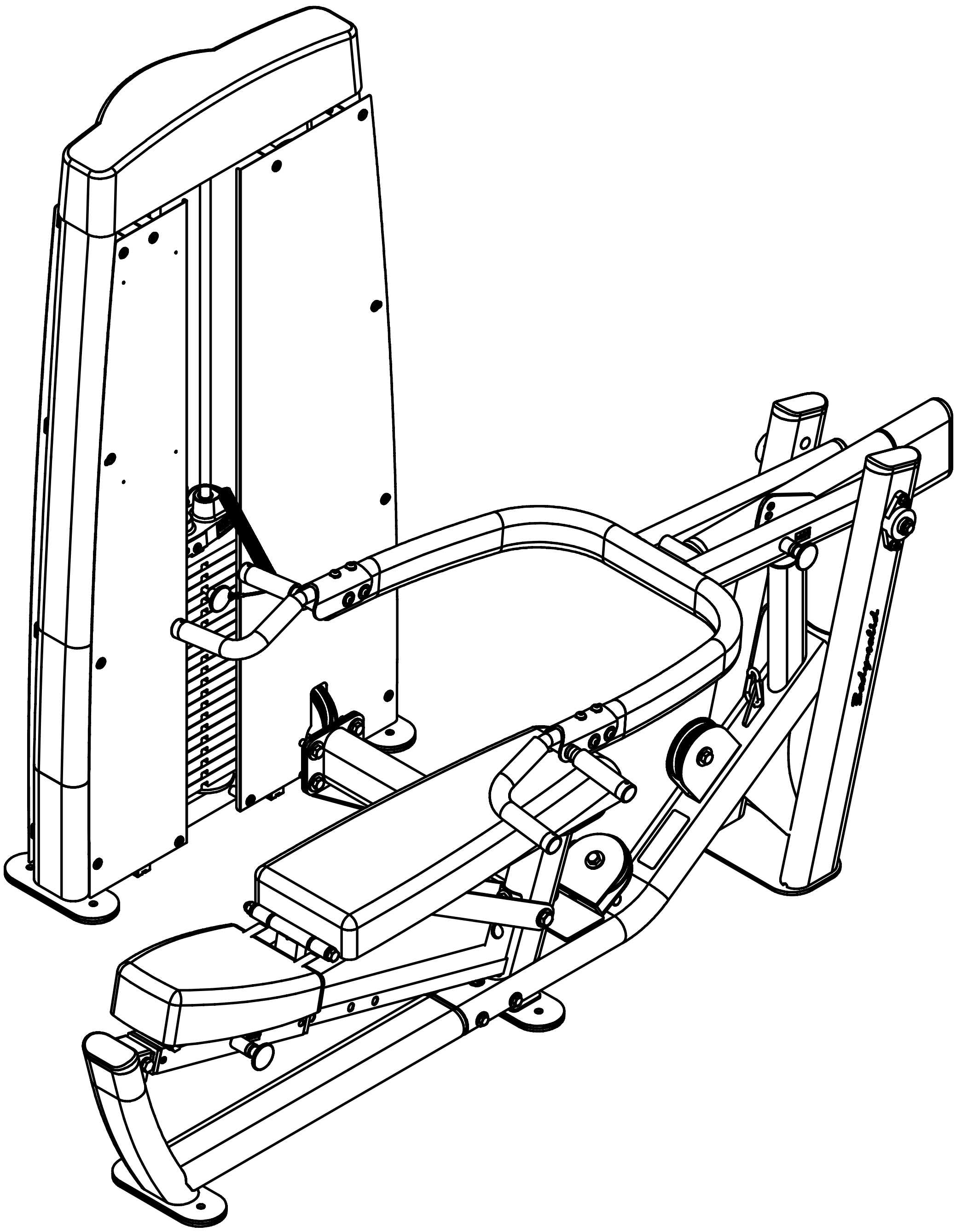
Body-Solid



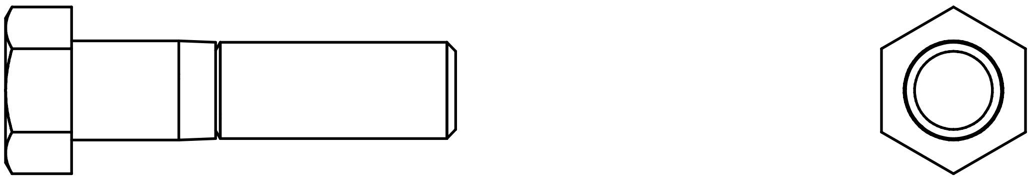
BODY-SOLID,Inc.
1900 S. Des Plaines Ave.
Forest Park, IL 60130 USA
Phone:(708)427-3555
Fax:(708)427-3556
www.bodysolid.com

# DPRS.1 OWNER'S MANUAL

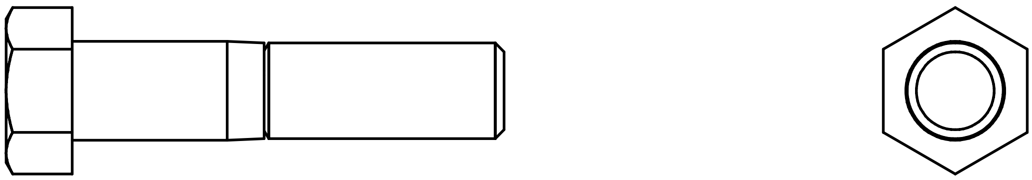
## HARDWARE ILLUSTRATION



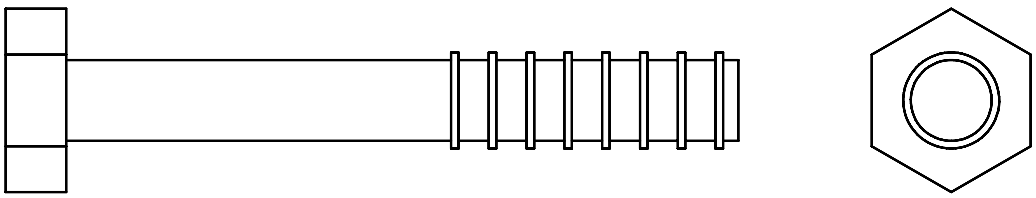
(A1)HEX BOLT 1/2"x1 1/2"L PARTIAL THREAD QTY.7



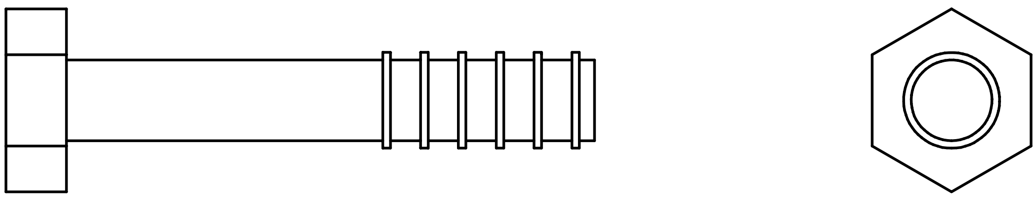
(A2)HEX BOLT 1/2"x2"L PARTIAL THREAD QTY.1



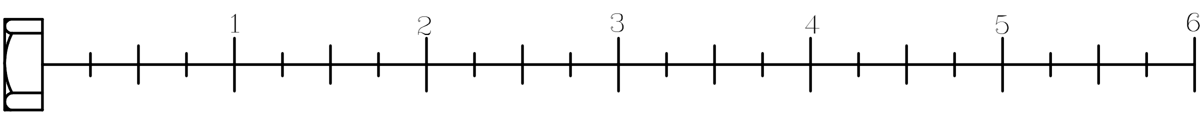
(A3)HEX BOLT 1/2"x2 1/4"L PARTIAL THREAD QTY.1



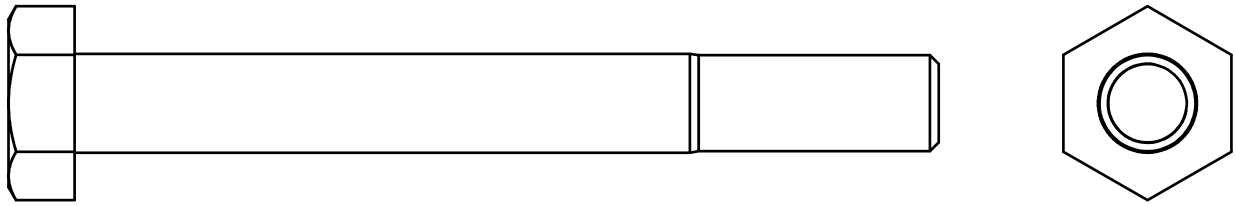
(A4)HEX BOLT 1/2"x3 1/2"L PARTIAL THREAD QTY.1



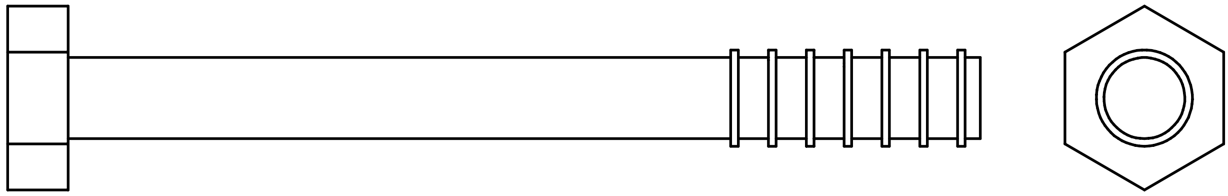
(A5)HEX BOLT 1/2"x2 3/4"L PARTIAL THREAD QTY.1



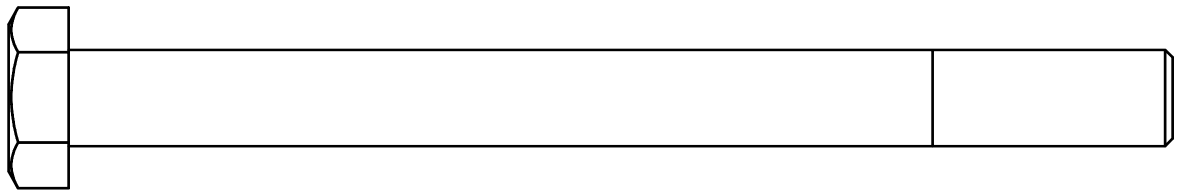
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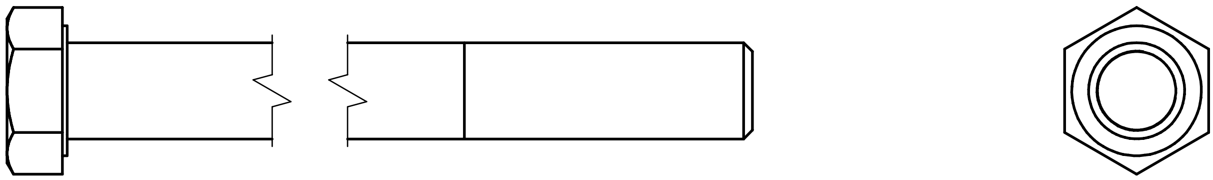
(A6)HEX BOLT 1/2"x4 1/2"L PARTIAL THREAD QTY.1



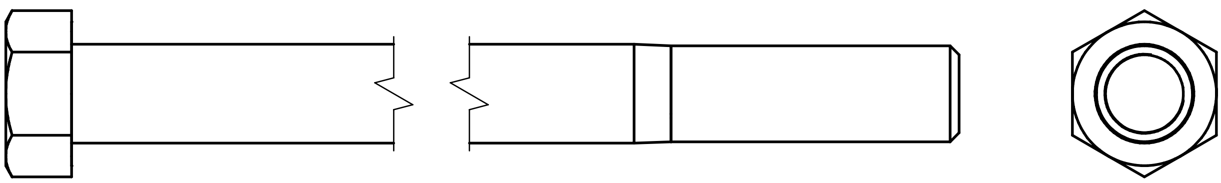
(A7)HEX BOLT 1/2"x4 3/4"L PARTIAL THREAD QTY.1



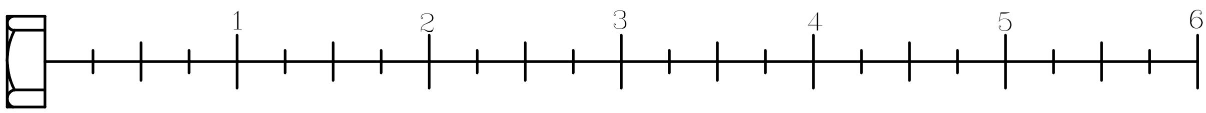
(A8)HEX BOLT 1/2"x5 3/4"L PARTIAL THREAD QTY.1



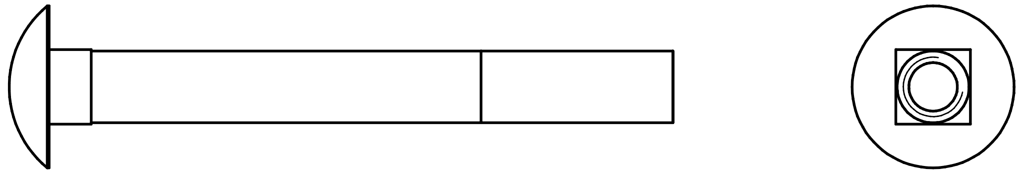
(A9)HEX BOLT 1/2"x7"L PARTIAL THREAD QTY.1



(A10)HEX BOLT 1/2"x8 1/2"L PARTIAL THREAD QTY.1



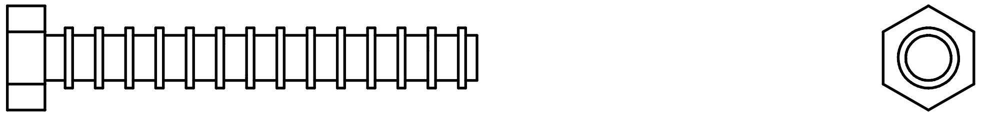
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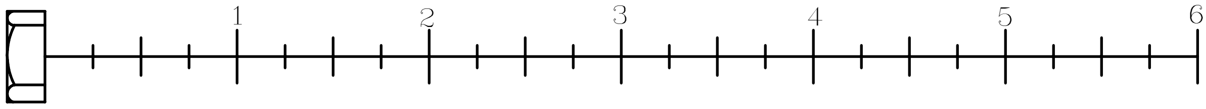
(A12)ROUND ALLEN HEAD 3/8"x3 1/8"L PARTIAL THREAD QTY.4



(A13)HEX BOLT 5/16"x1"L PARTIAL THREAD QTY.3



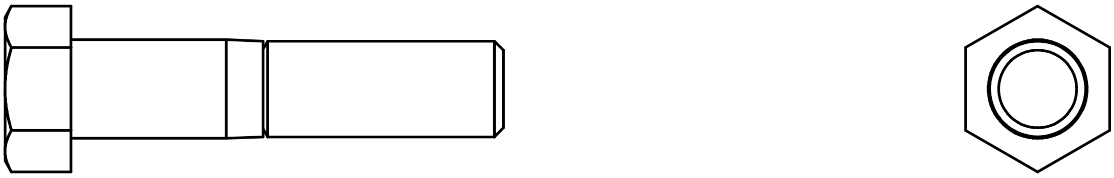
(A14)HEX BOLT 5/16"x2 1/4"L PARTIAL THREAD QTY.4



## FRAME HARDWARE ILLUSTRATION



(A15)ALLEN SCREW 5/16"X3/8"L FULL THREAD QTY.3



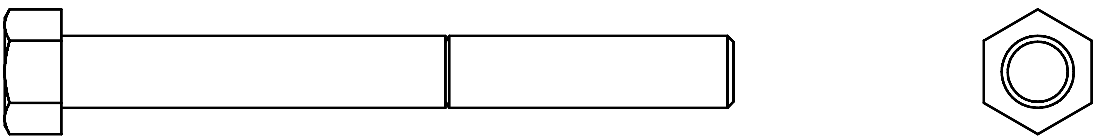
(A16)HEX BOLT 1/2"x2 1/4"L PARTIAL THREAD QTY.4



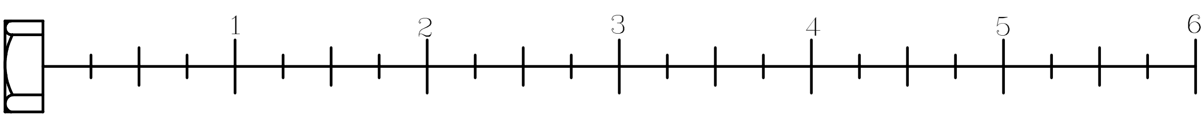
(A17)HEX BOLT M4X65L"L PARTIAL THREAD QTY.2



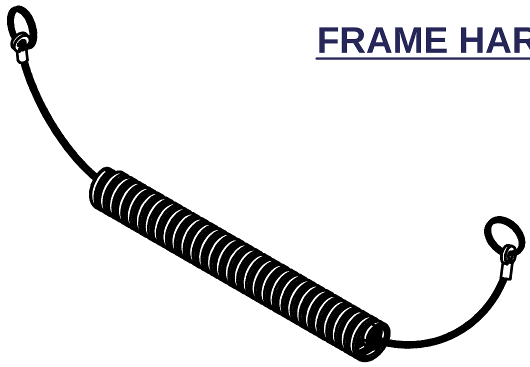
(A18)ROUND ALLEN HEAD 3/8"X2"L PARTIAL THREAD QTY.1



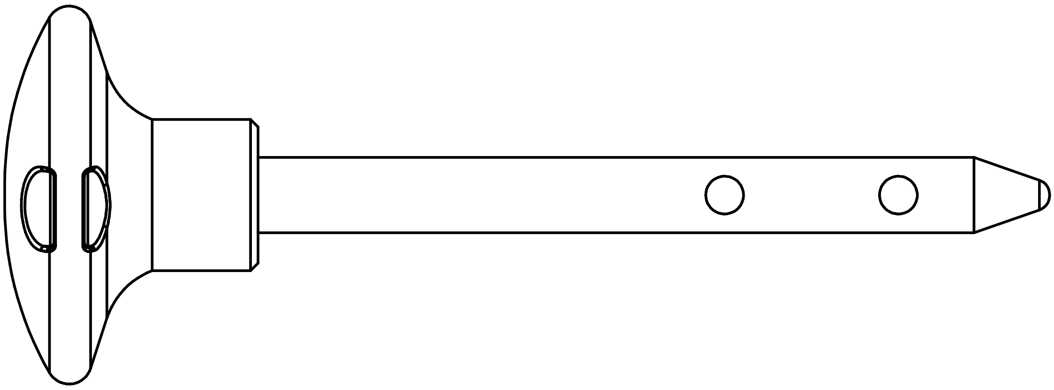
(A19)HEX BOLT 3/8"x3 1/2"L PARTIAL THREAD QTY.1



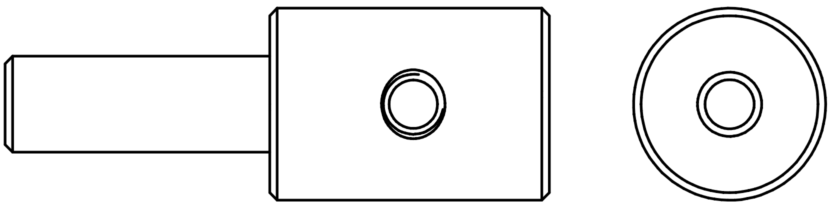
## FRAME HARDWARE ILLUSTRATION



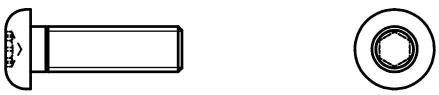
(A20)ELASTIC BOLT QTY.1



(A21)10LB PIN (8250-071) QTY.1



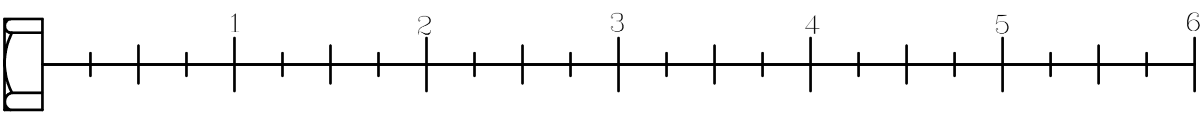
(A22)WEIGHT STACK CABLE (8260-009) QTY.1



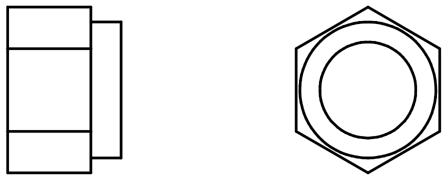
(A23)ROUND ALLEN HEAD M6X20L PARTIAL THREAD QTY.20



(A24)ROUND ALLEN HEAD 5/32"X1/4"L PARTIAL THREAD QTY.4



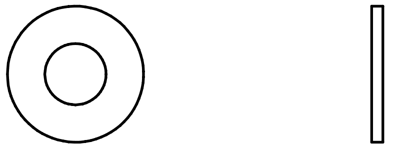
## HARDWARE ILLUSTRATION



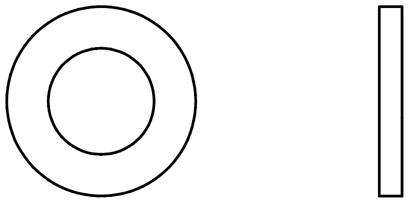
(B1)NYLON LOCK NUT 1/2" QTY.14



(B2)NYLON LOCK NUT 3/8" QTY.4



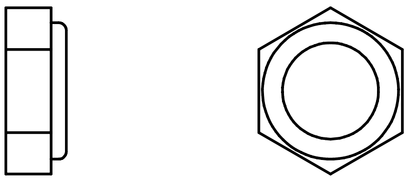
(C5)5/16"(I.D.)FLAT WASHER Ø18 QTY.7



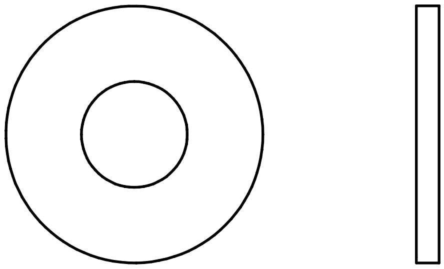
(C1)1/2"(I.D.)FLAT WASHER Ø25 QTY.6



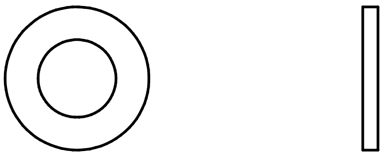
(C6)5/16" SPRING WASHER QTY.7



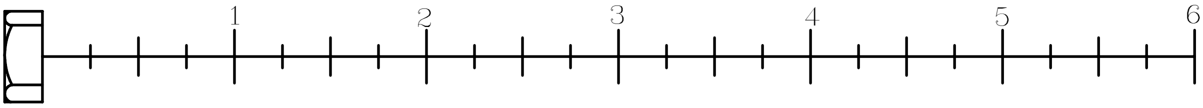
(B6)NYLON LOCK NUT 1/2"X8H QTY.1



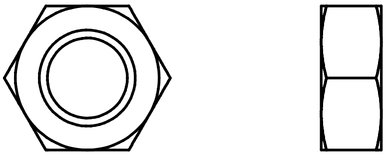
(C2)1/2"(I.D.)FLAT WASHER Ø34 QTY.23



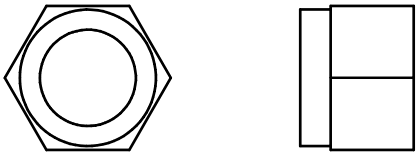
(C3)3/8"(I.D.)FLAT WASHER Ø19 QTY.4



## FRAME HARDWARE ILLUSTRATION



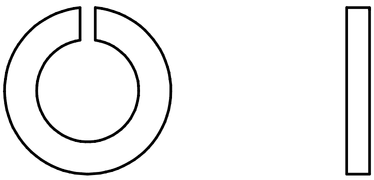
(B3)NYLON LOCK NUT 1/2"X13UNCX8T QTY.1



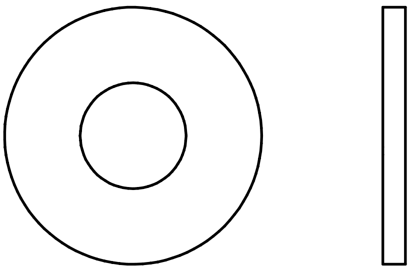
(B4)NYLON LOCK NUT 1/2" QTY.4



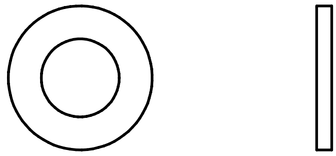
(B5)NYLON LOCK NUT 3/8" QTY.1



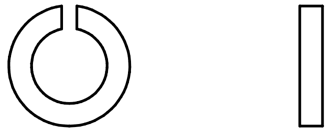
(C7)1/2" SPRING WASHER QTY.1



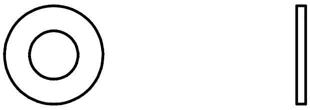
(C8)1/2"(I.D.)FLAT WASHER Ø34 QTY.6



(C9)3/8"(I.D.)FLAT WASHER Ø19 QTY.2



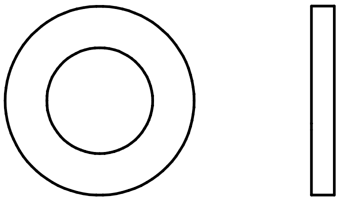
(C10)3/8" SPRING WASHER QTY.1



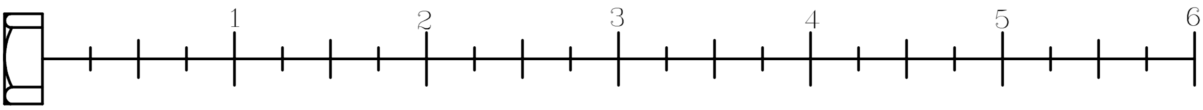
(C11)M6(I.D.)FLAT WASHER Ø13 QTY.20



(C12)M4(I.D.)FLAT WASHER Ø12 QTY.2

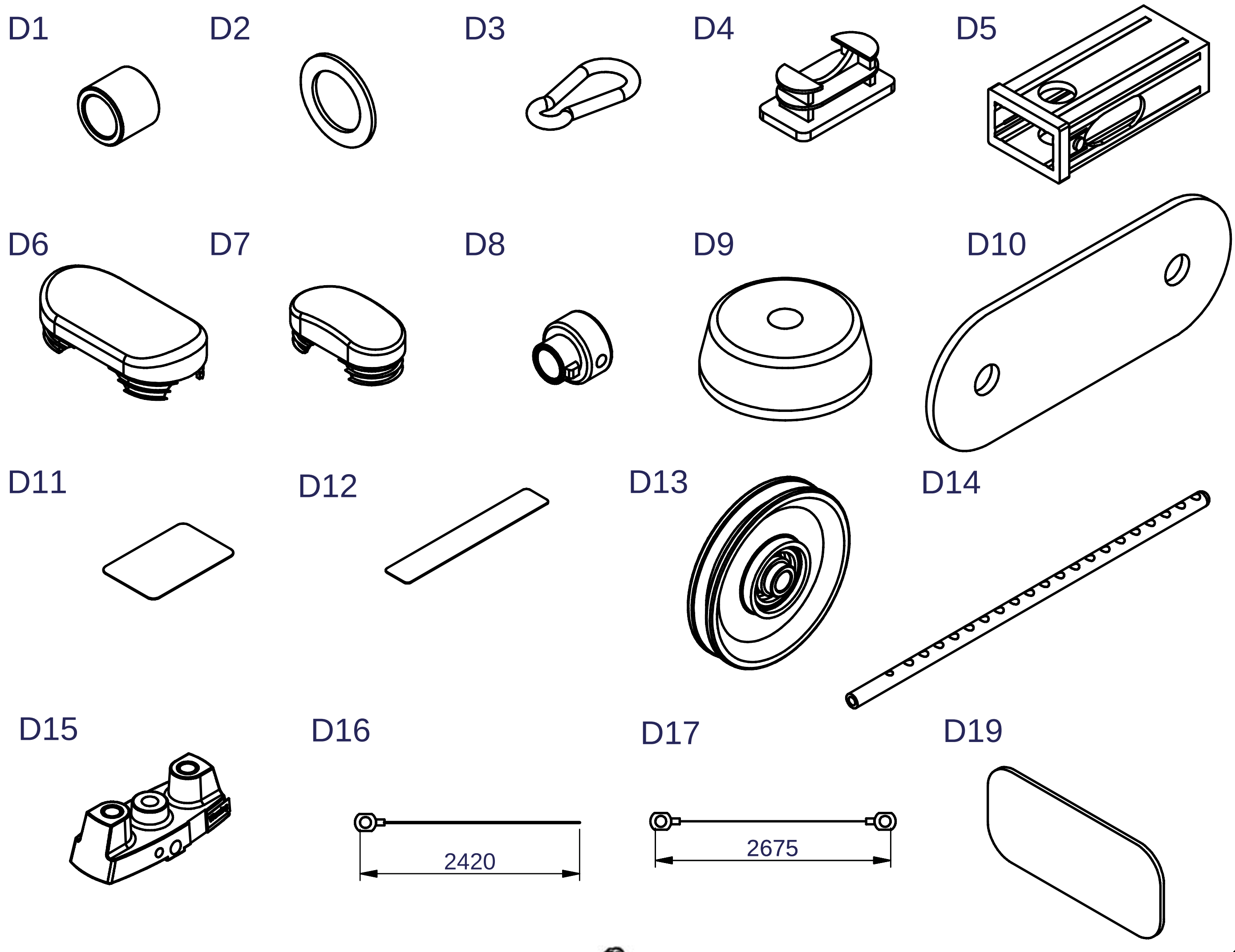


(C13)1/2"(I.D.)FLAT WASHER Ø25 QTY.2



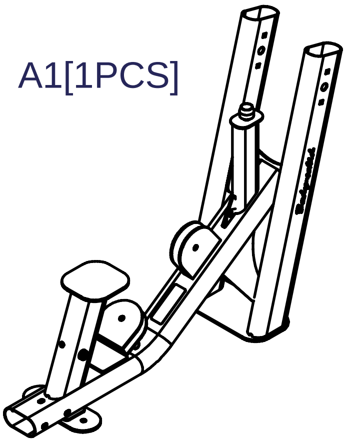
## HARDWARE ILLUSTRATION

D1.ŋ3/4"X16L STEEL BUSHING (8110-066)--------------------[2PCS]
D2.ŋ30Xŋ20X1.5T CU WASHER (8520-007)--------------------[4PCS]
D3.ŋ8 SPRING SNAP LINK(8810-001)----------------------------[1PCS]
D4.20X40 END CAP(9211-008)--------------------------------------[4PCS]
D5.50X75(30X60)NYLON BUSHING(9211-083)------------------[2PCS]
D6.58X116 END CAP(9211-112)-------------------------------------[4PCS]
D7.40X80 END CAP(9211-113)---------------------------------------[2PCS]
D8.ŋ3/4" SHAFT COLLAR(9211-046)-------------------------------[2PCS]
D9.ŋ4" RUBBER DOUNT(9310-017)---------------------------------[2PCS]
D10.95X250 RUBBER PAD(9310-060)------------------------------[4PCS]
D11.40X70 FRICTION TAPE(9440-068)-----------------------------[2PCS]
D12.20X120 FRICTION TAPE(9440-083)---------------------------[2PCS]
D13.ŋ117 PULLEY(9213-010B)---------------------------------------[7PCS]
D14.WEIGHT SELECTOR BAR(8210-042)--------------------------[1PCS]
D15.TOP PLATE(8400-006)--------------------------------------------[1PCS]
D16.2420mm STEEEL CABLE(FDPRSA)--------------------------[1PCS]
D17.2675mm STEEL CABLE(FDPRSB)----------------------------[1PCS]
D18.DPRS For DGYM Steel Cable(FDPRSC)----------------------[1PCS]
D19.95X250 RUBBER PAD(9310-061)------------------------------[1PCS]

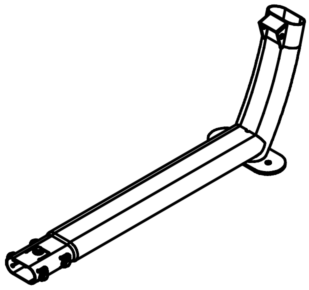


## PARTS ILLUSTRATION SHEET

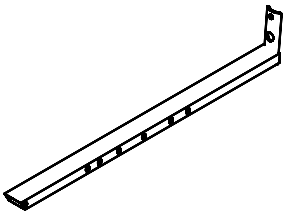
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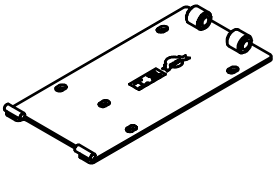
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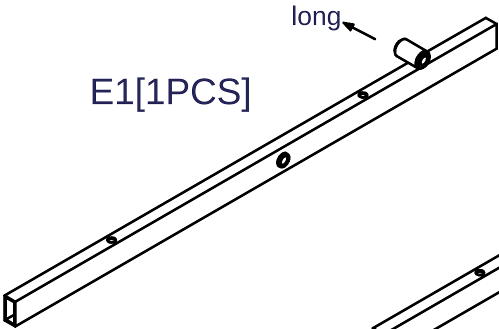
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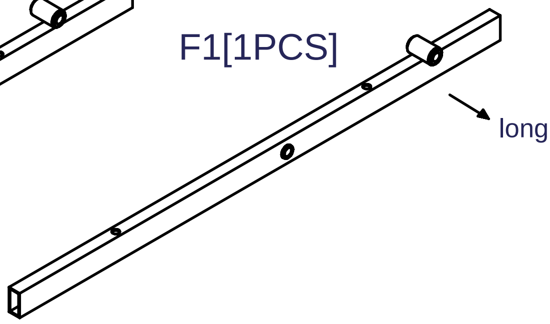
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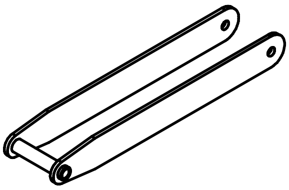
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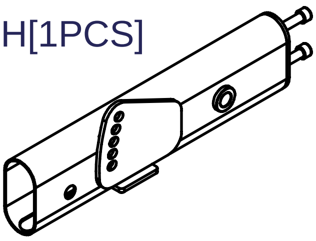

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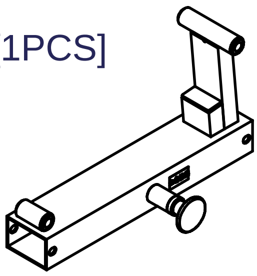

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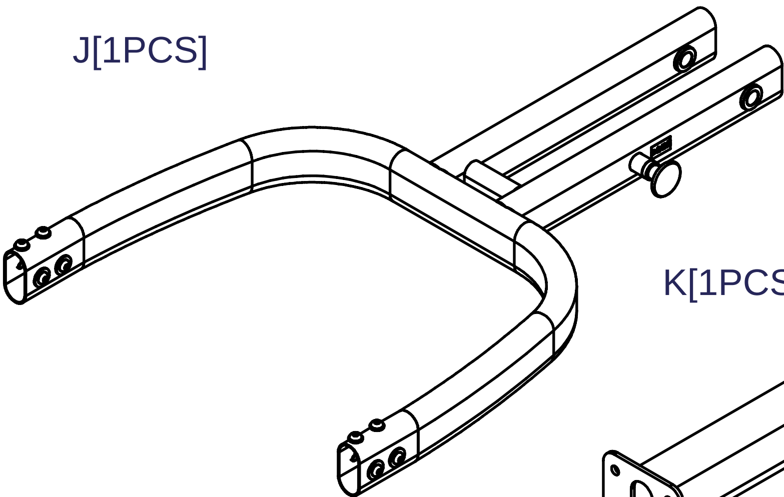
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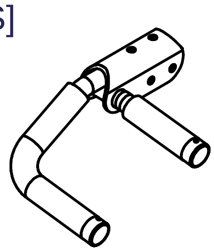
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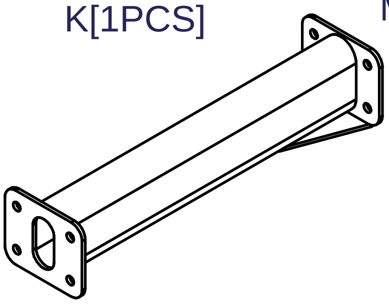
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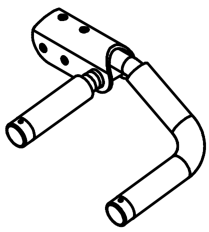
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K[1PCS]

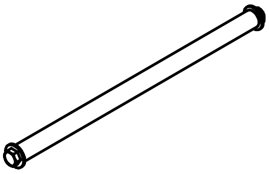


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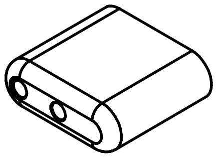


## PARTS ILLUSTRATION SHEET

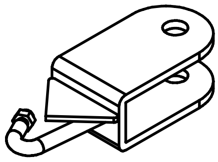
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8220-136
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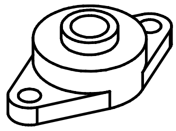
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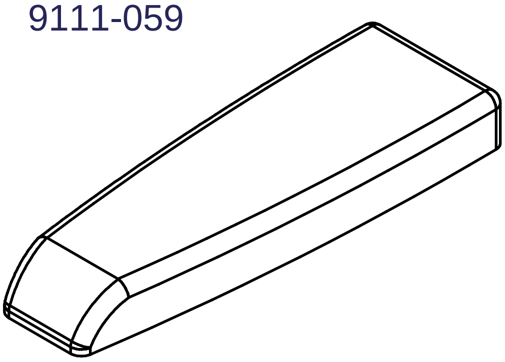
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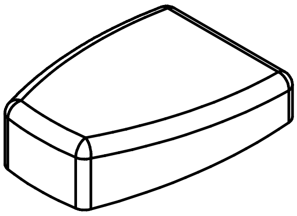
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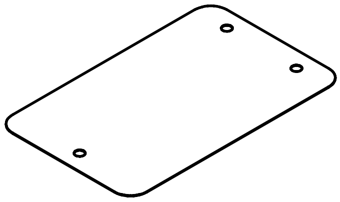
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S[1PCS]
9121-056

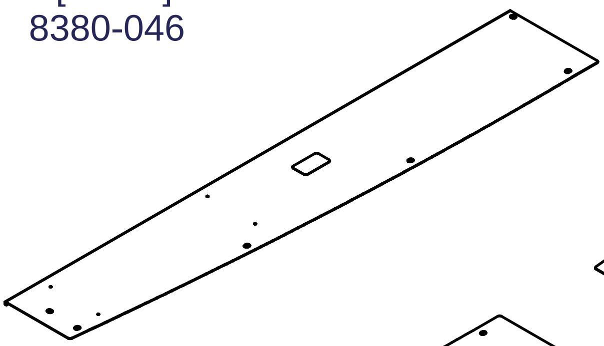


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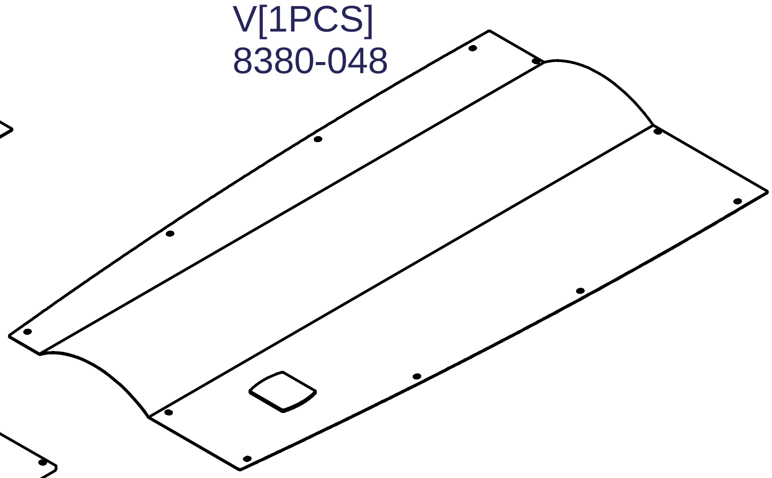


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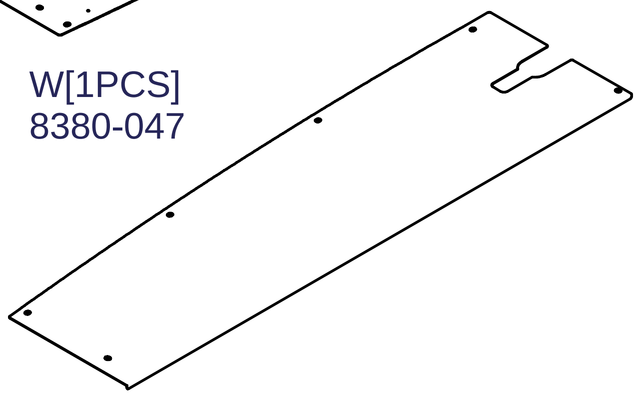
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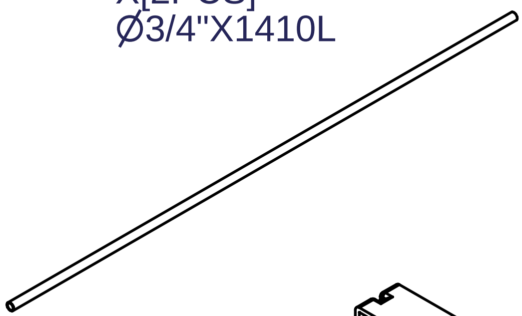
V[1PCS]
8380-048



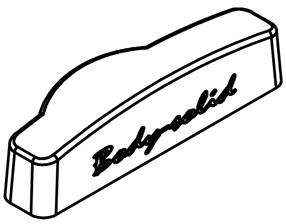
W[1PCS]
8380-047



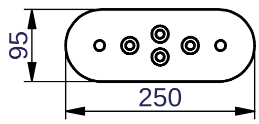
X[2PCS]
Ø3/4"X1410L



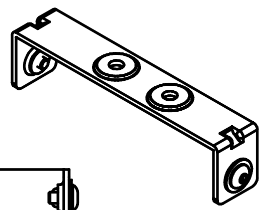
Y[1PCS]
9211-111

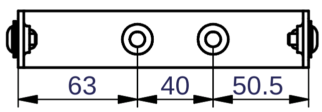



Z[2PCS]
8313-144

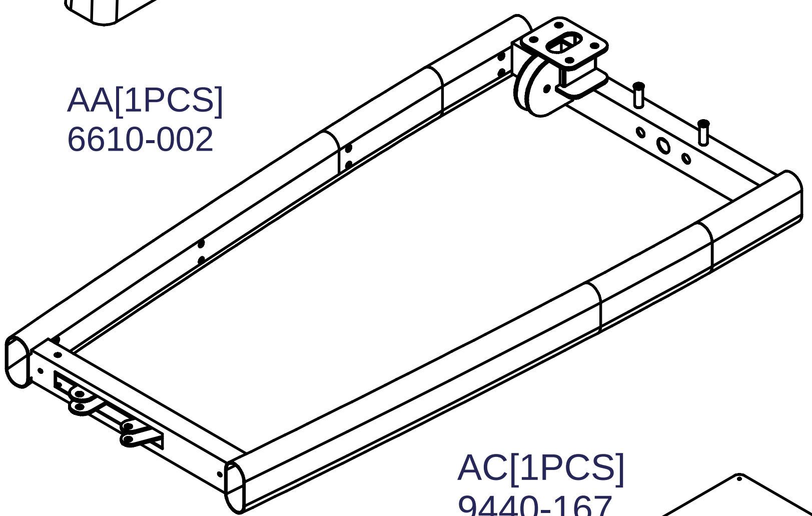



AD[9PCS]
8321-040
both side

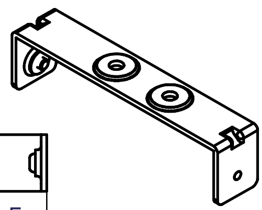


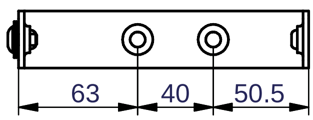



AA[1PCS]
6610-002

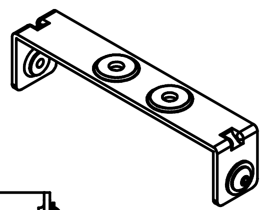


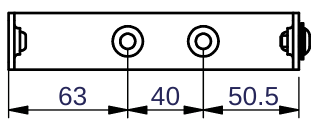
AE[1PCS]
8321-040
one side



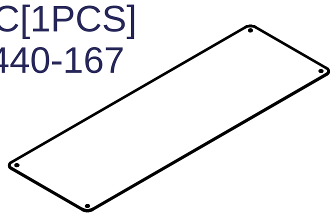


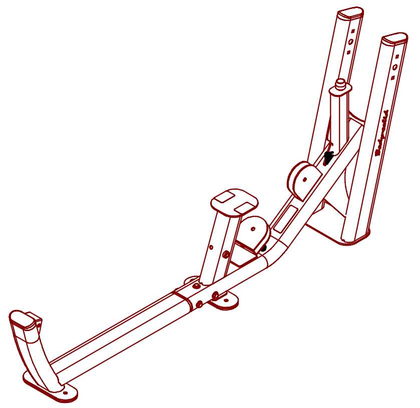

AF[2PCS]
8321-040
one side



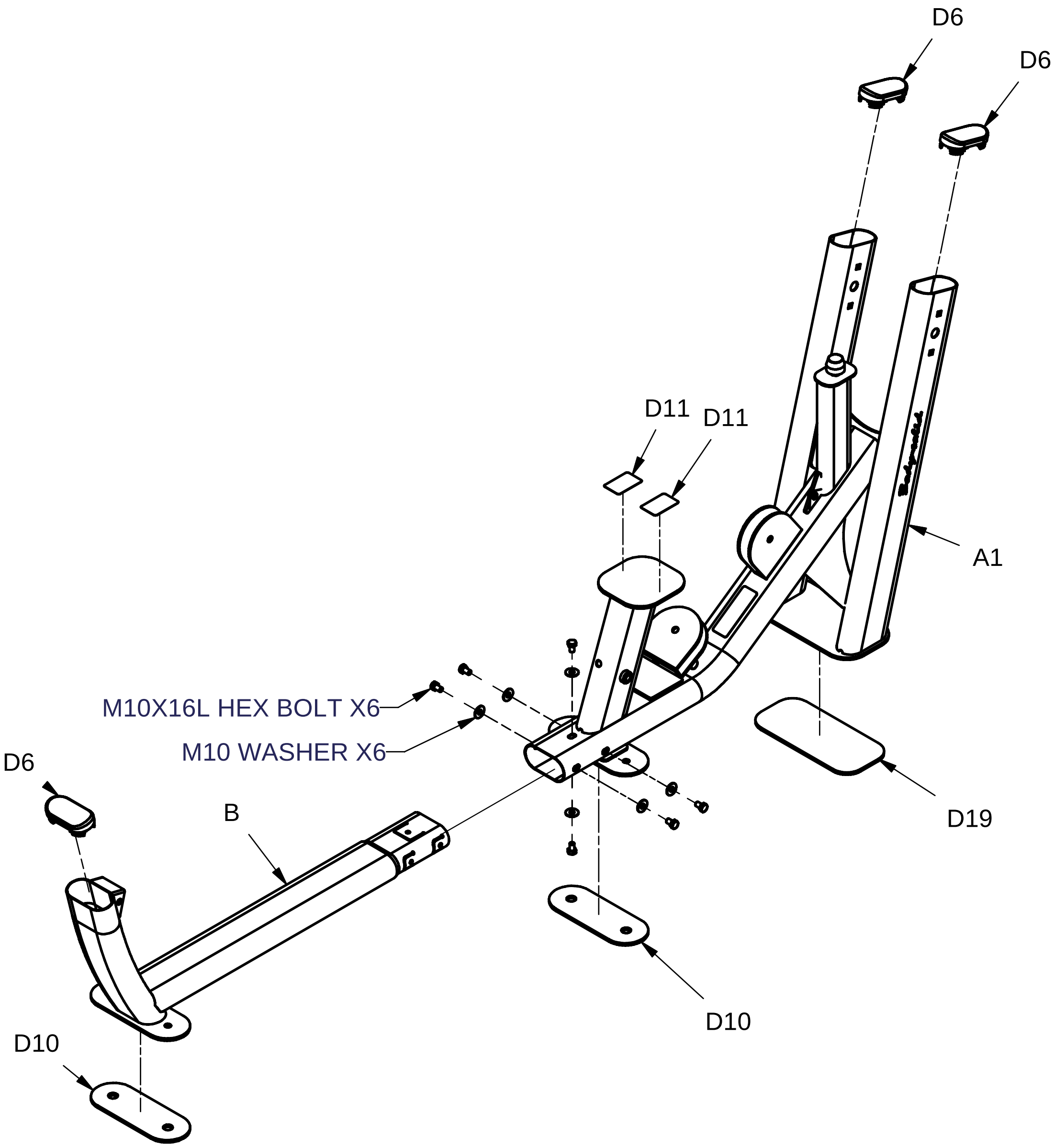


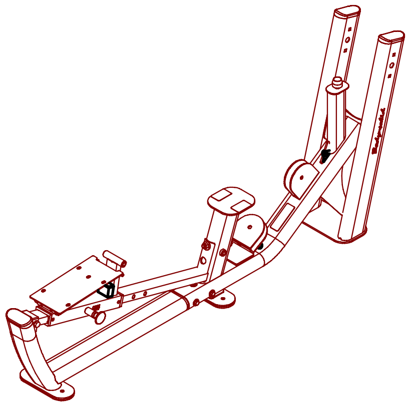

AC[1PCS]
9440-167



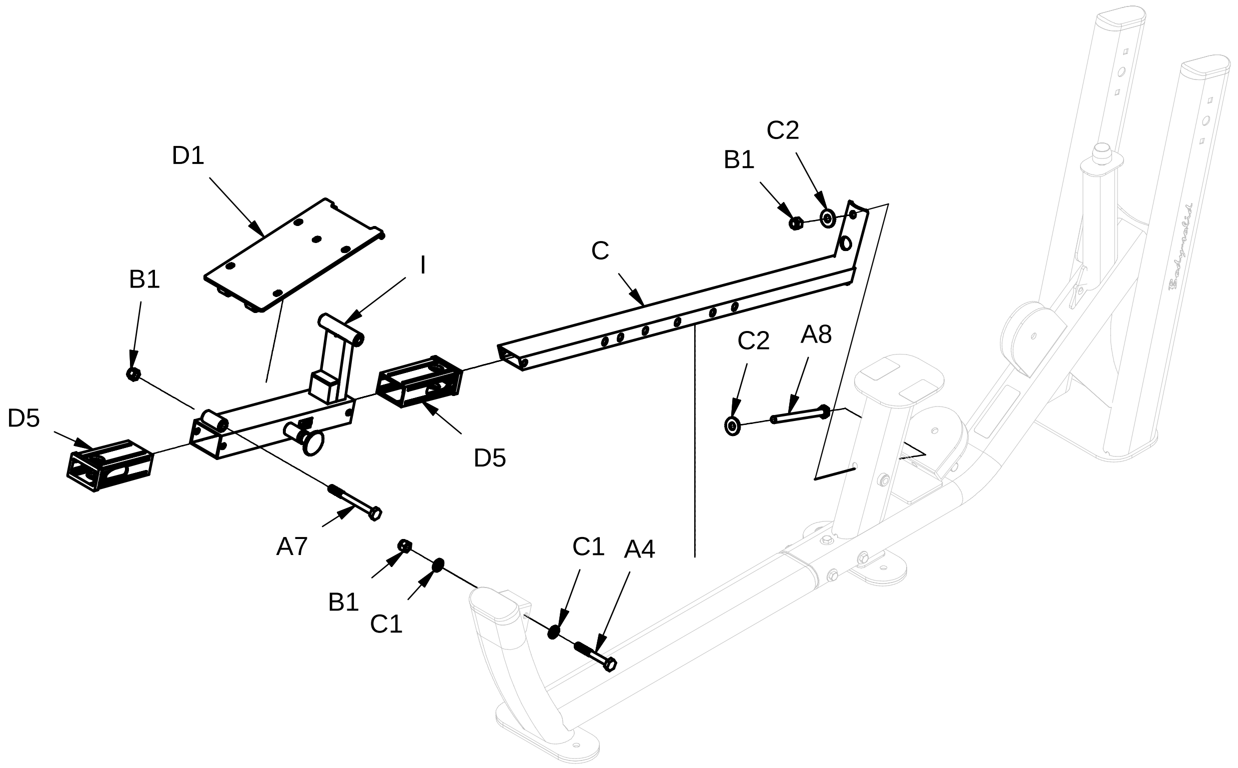


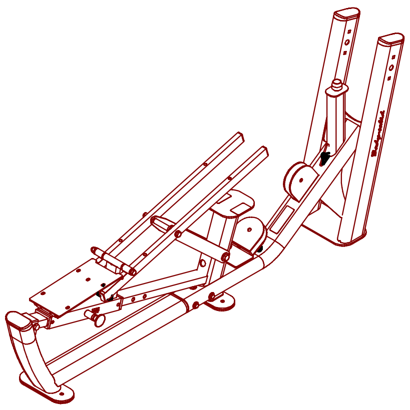
Above shows STEP 1
assembled and completed



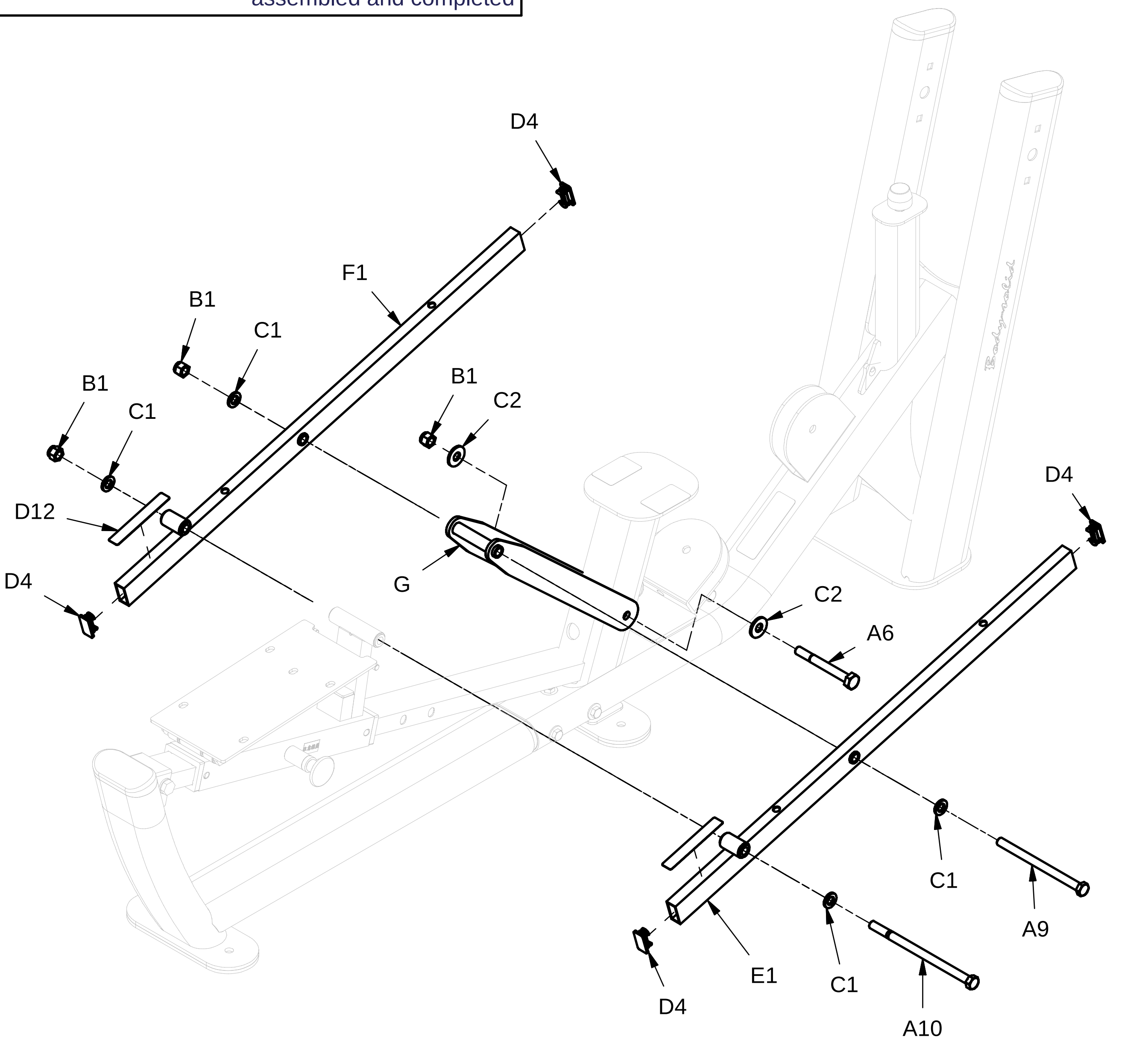


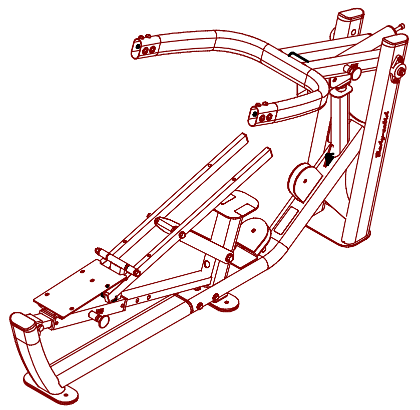
Above shows STEP 2
assembled and completed



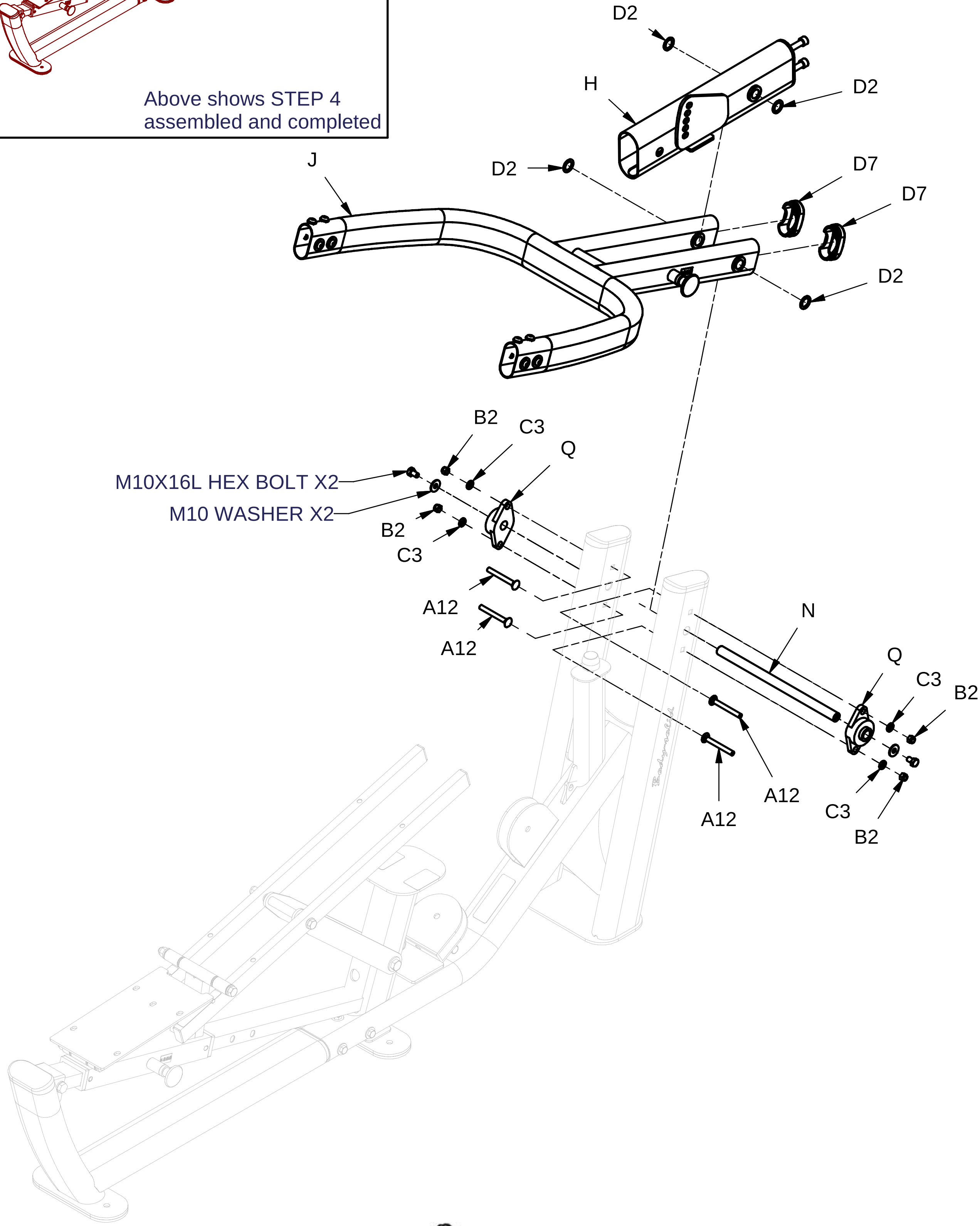


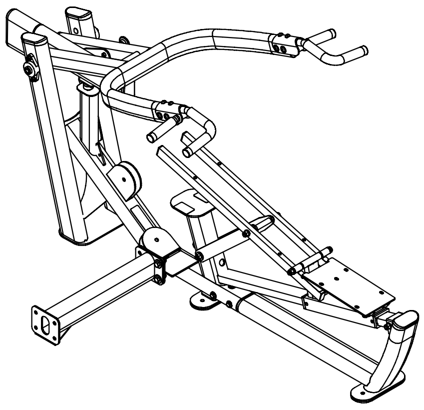
Above shows STEP 3
assembled and completed



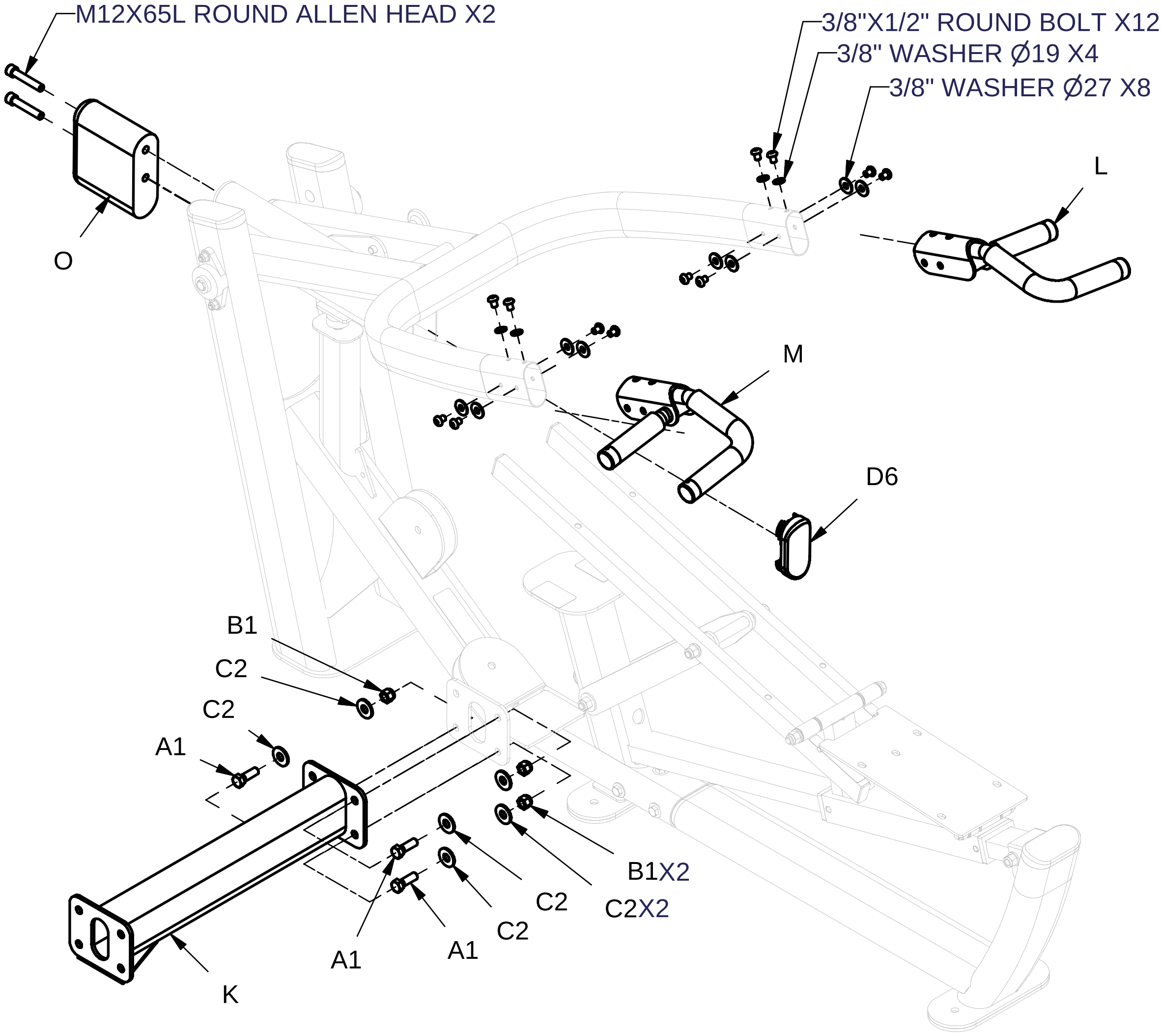


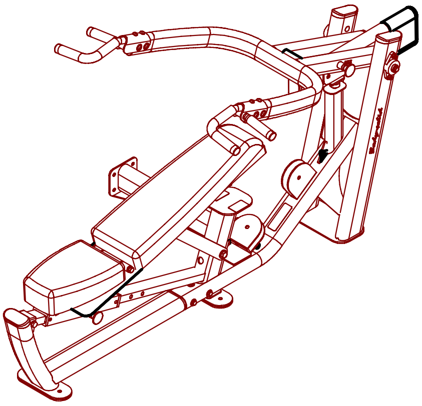
Above shows STEP 4
assembled and completed



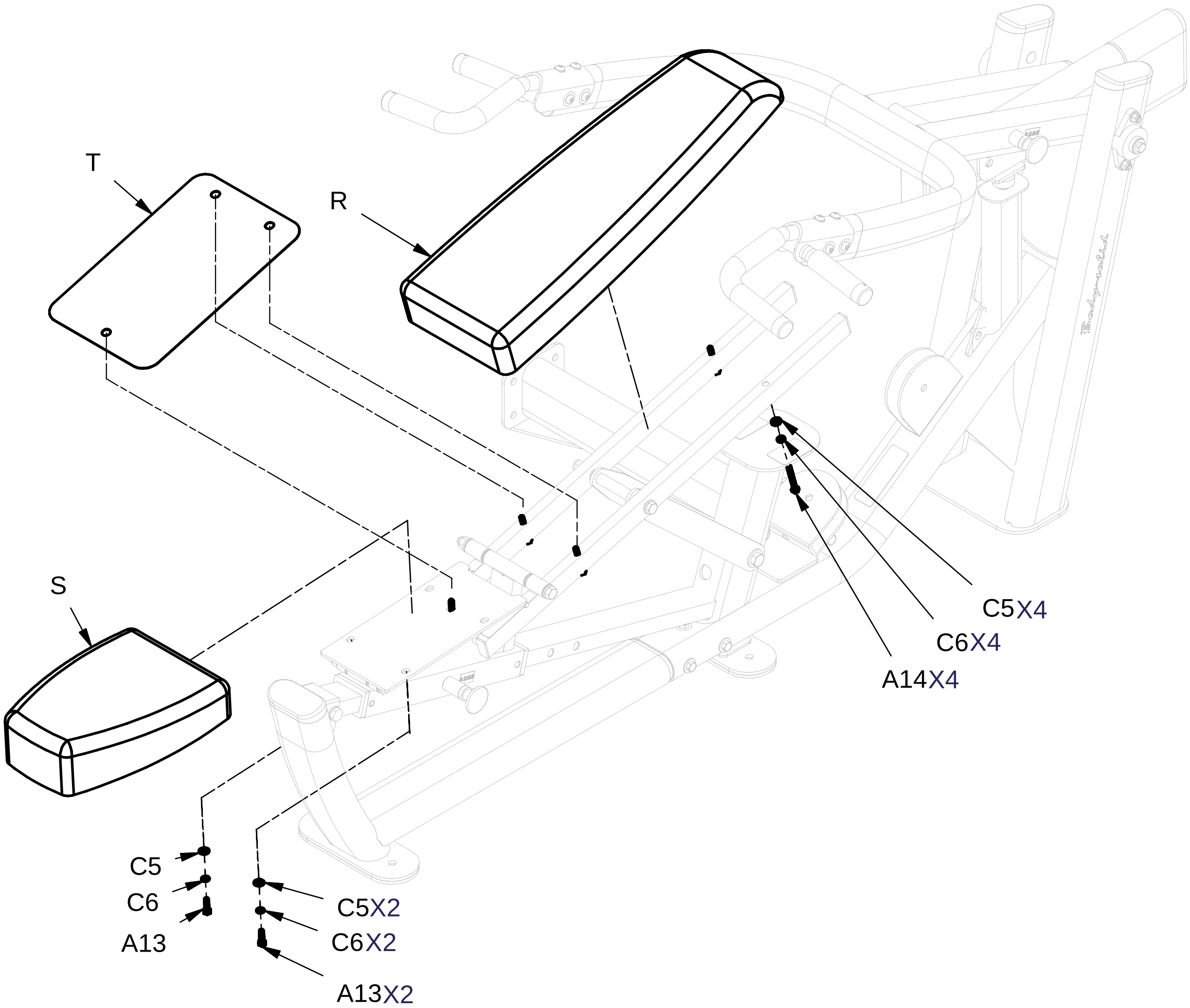


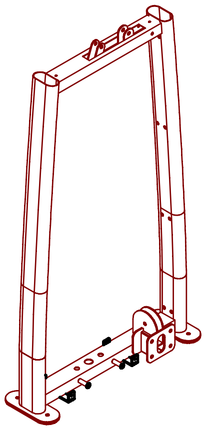
Above shows STEP 5
assembled and completed



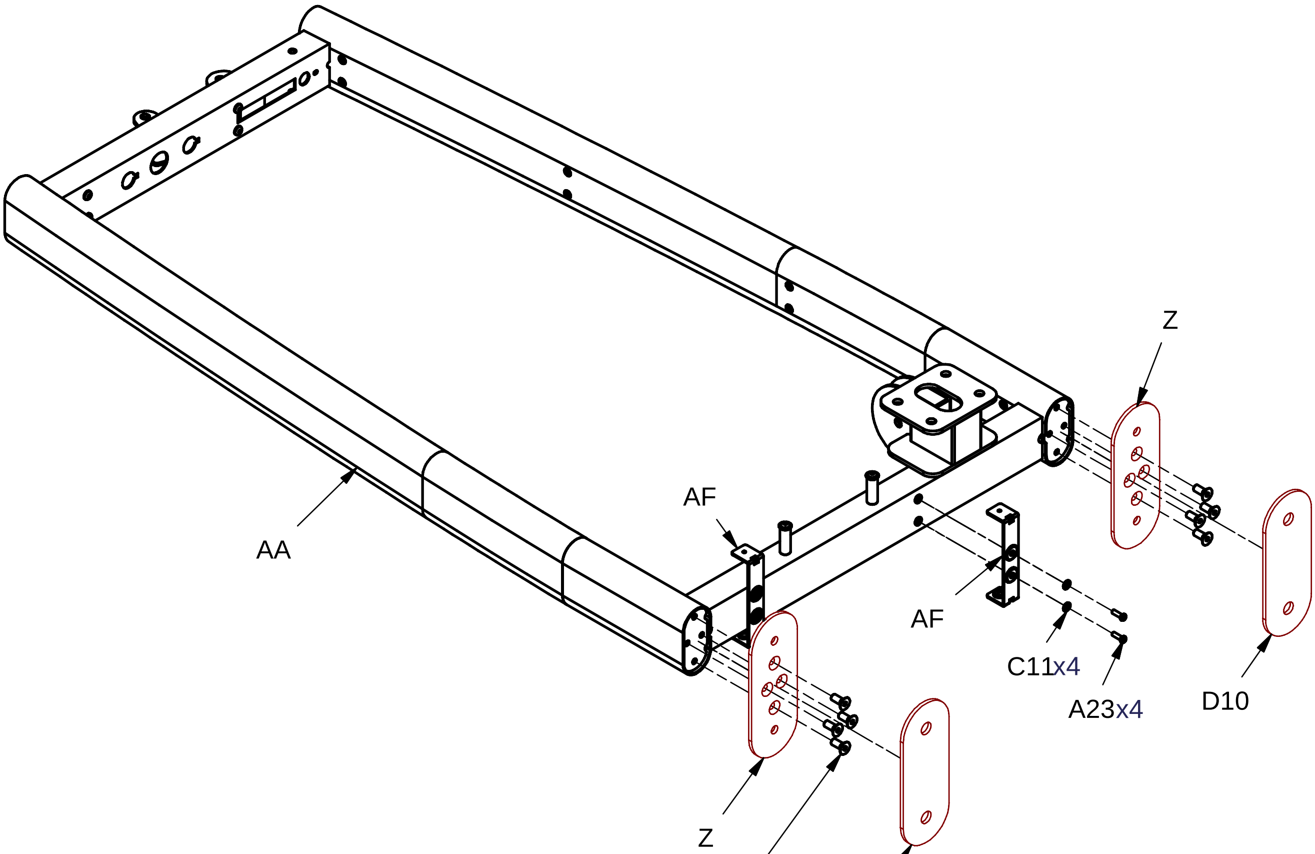


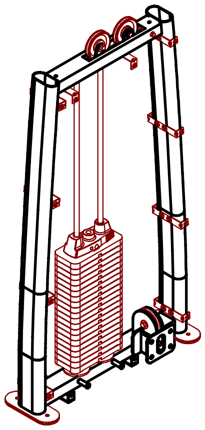
Above shows STEP 6
assembled and completed



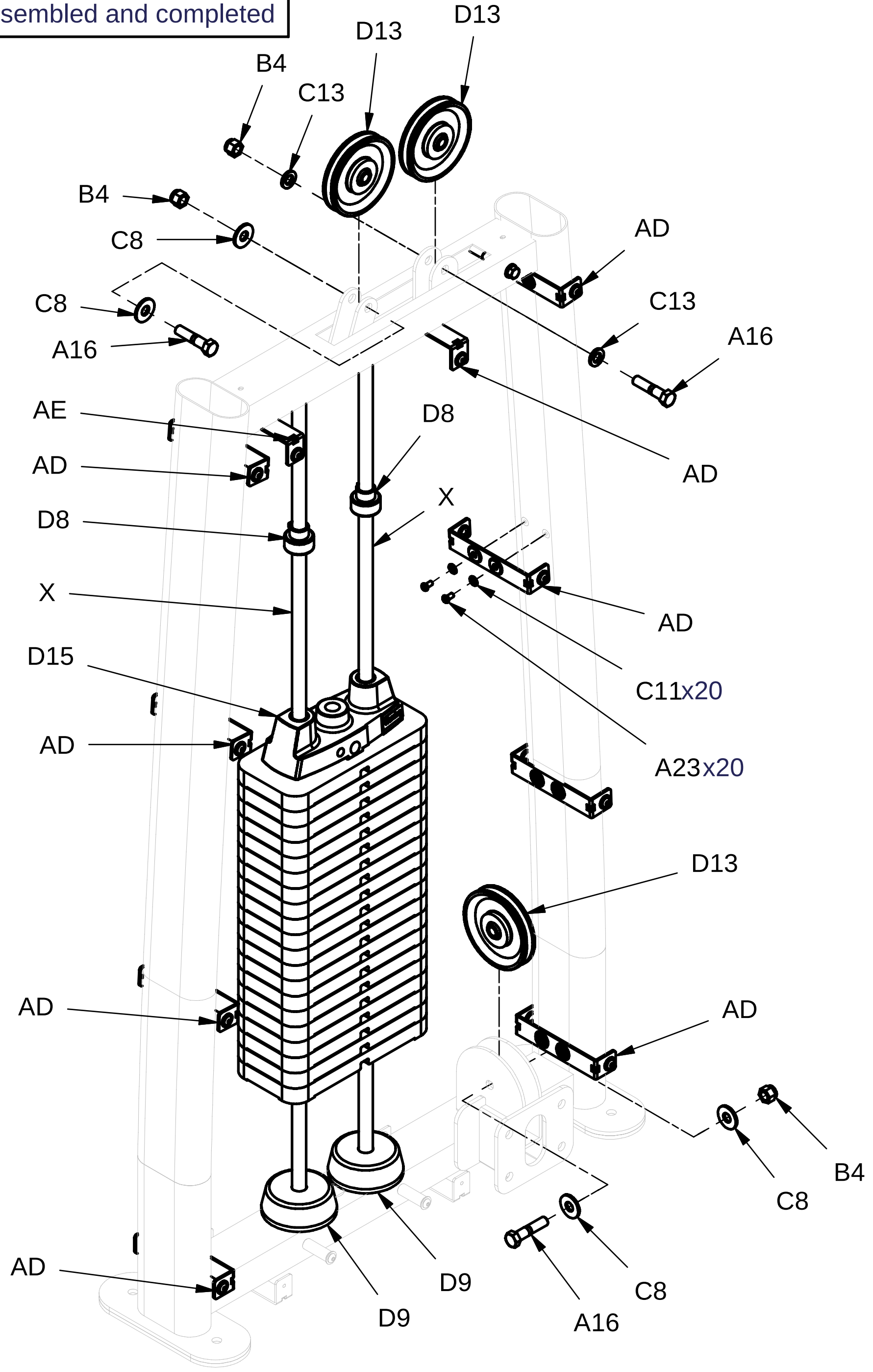


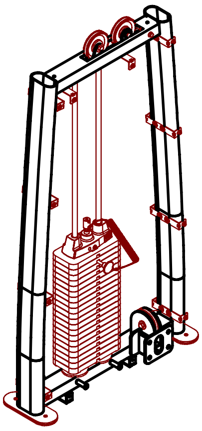
Above shows STEP 7
assembled and completed



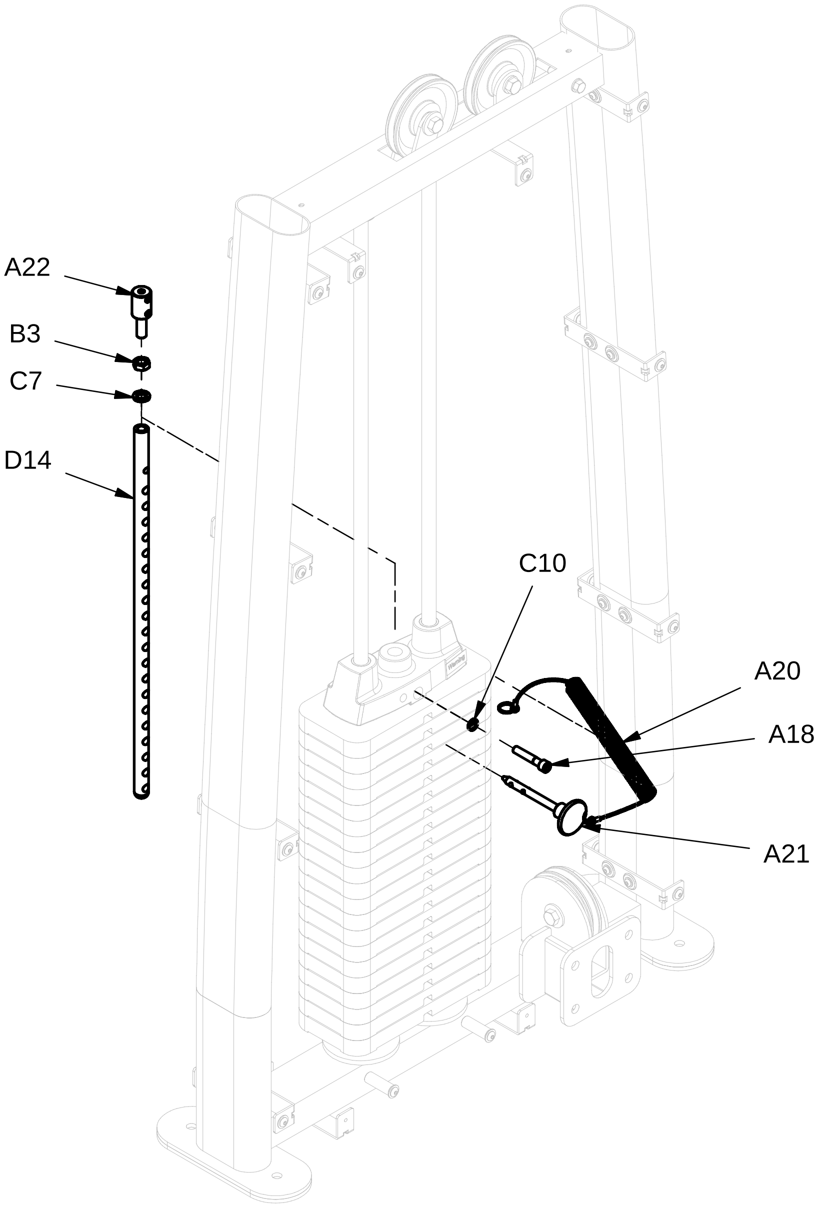


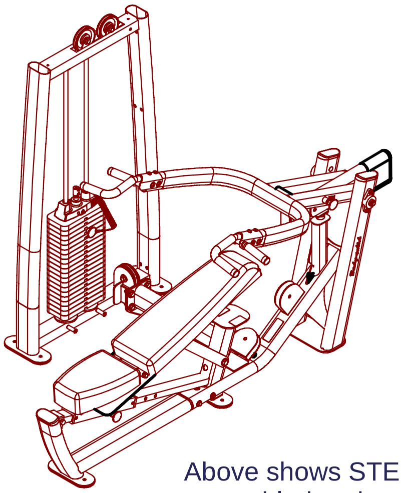
Above shows STEP 8 assembled and completed



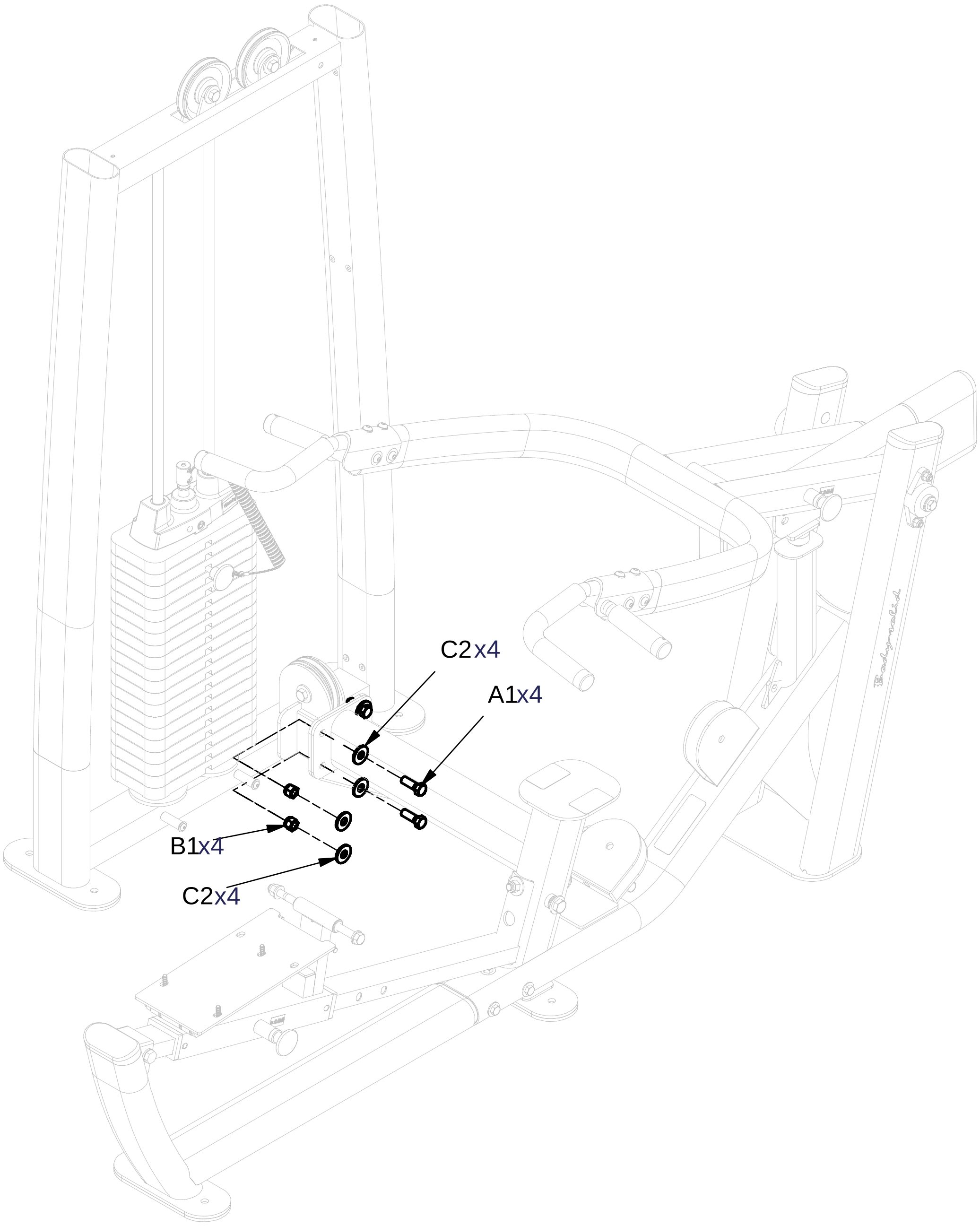


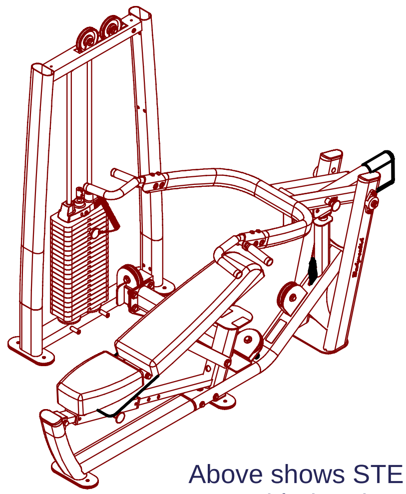
Above shows STEP 9
assembled and completed



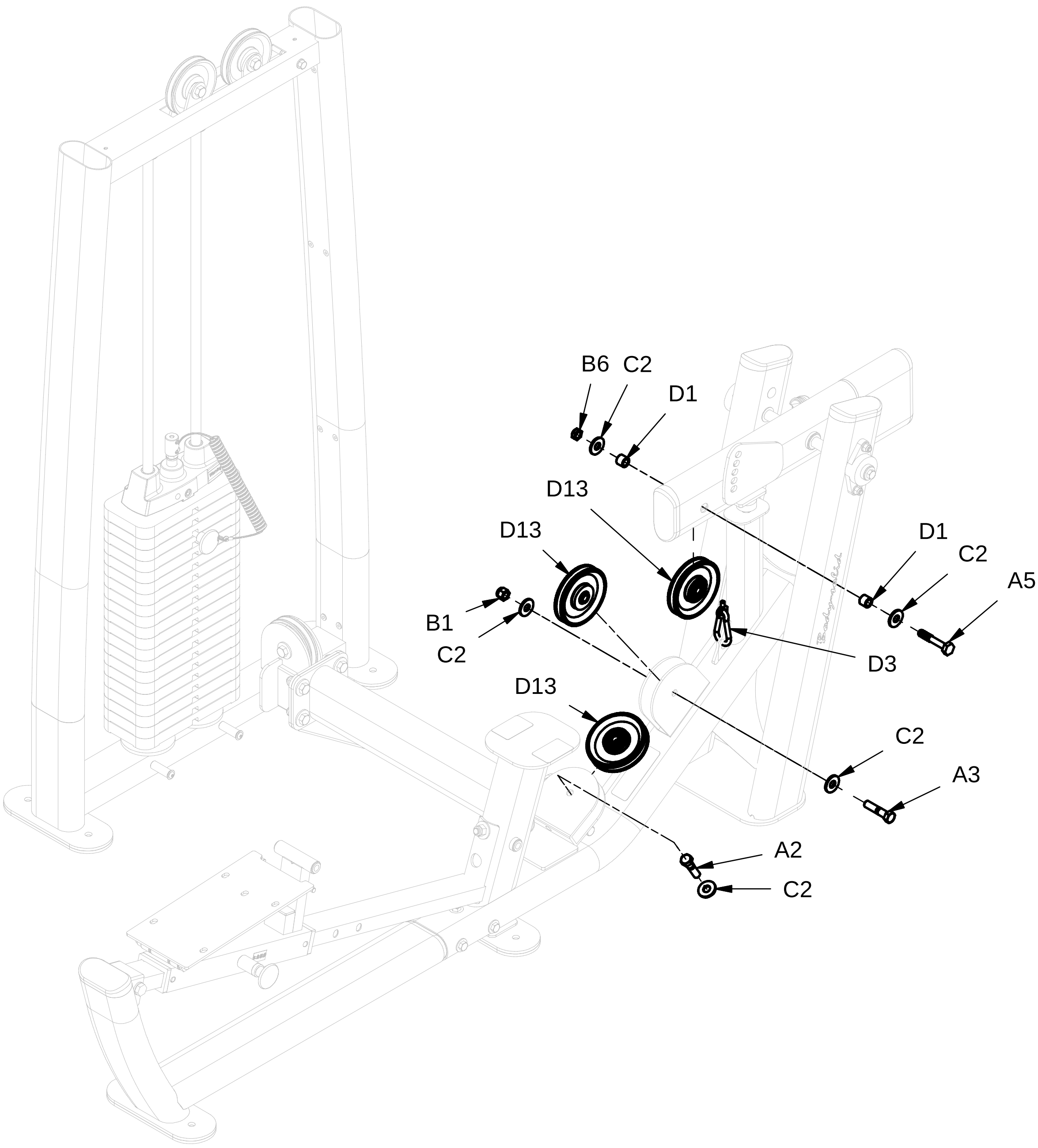


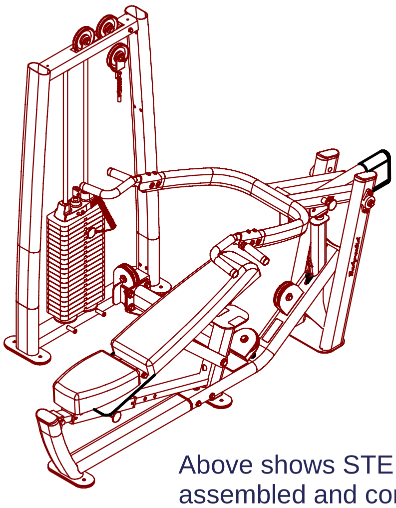
Above shows STEP 10 assembled and completed





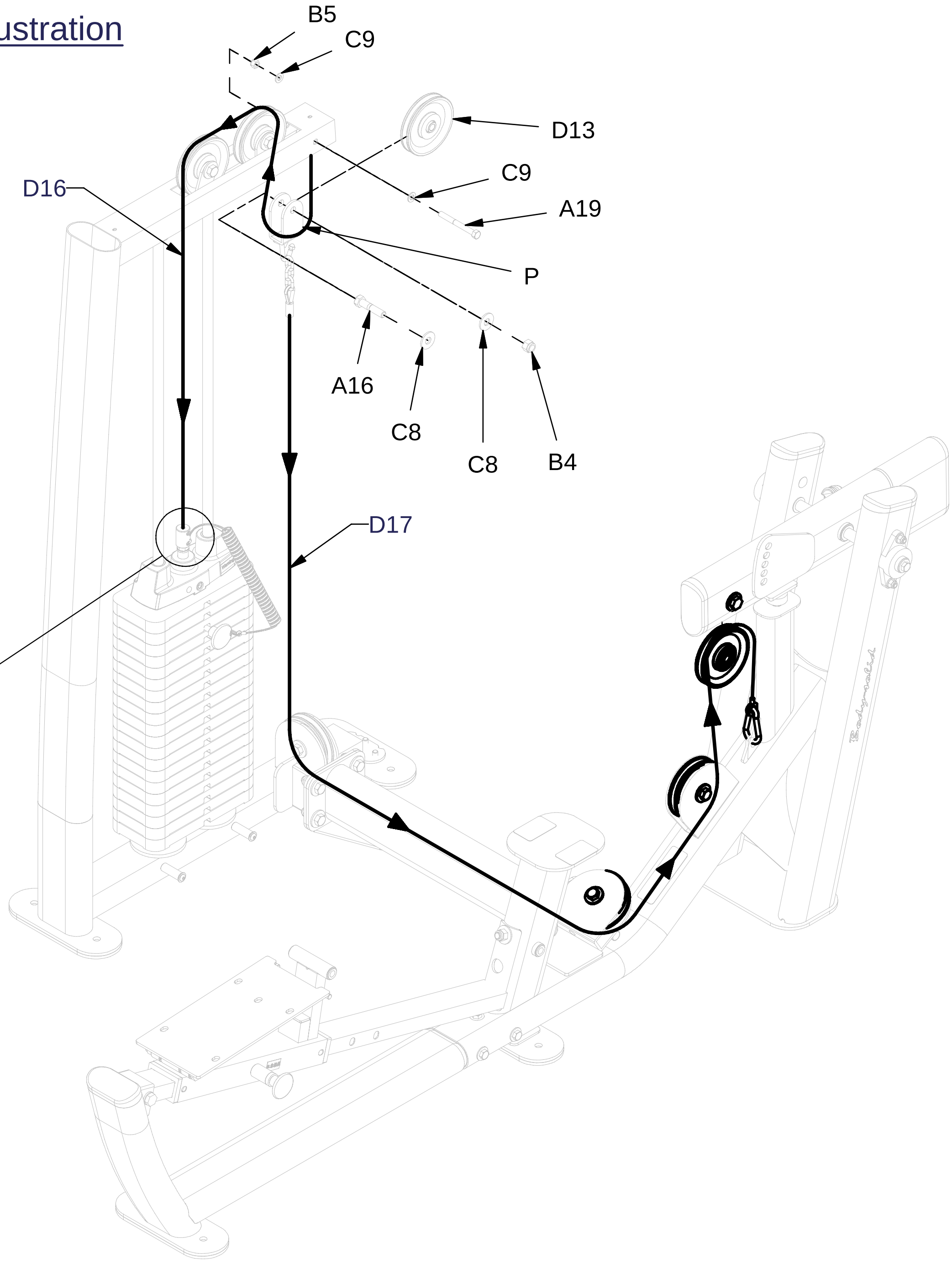
Above shows STEP 11 assembled and completed

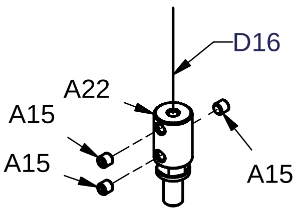




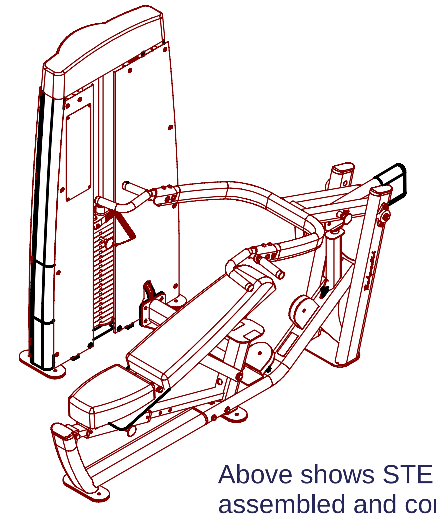
Above shows STEP 12 assembled and completed

Cable to match illustration

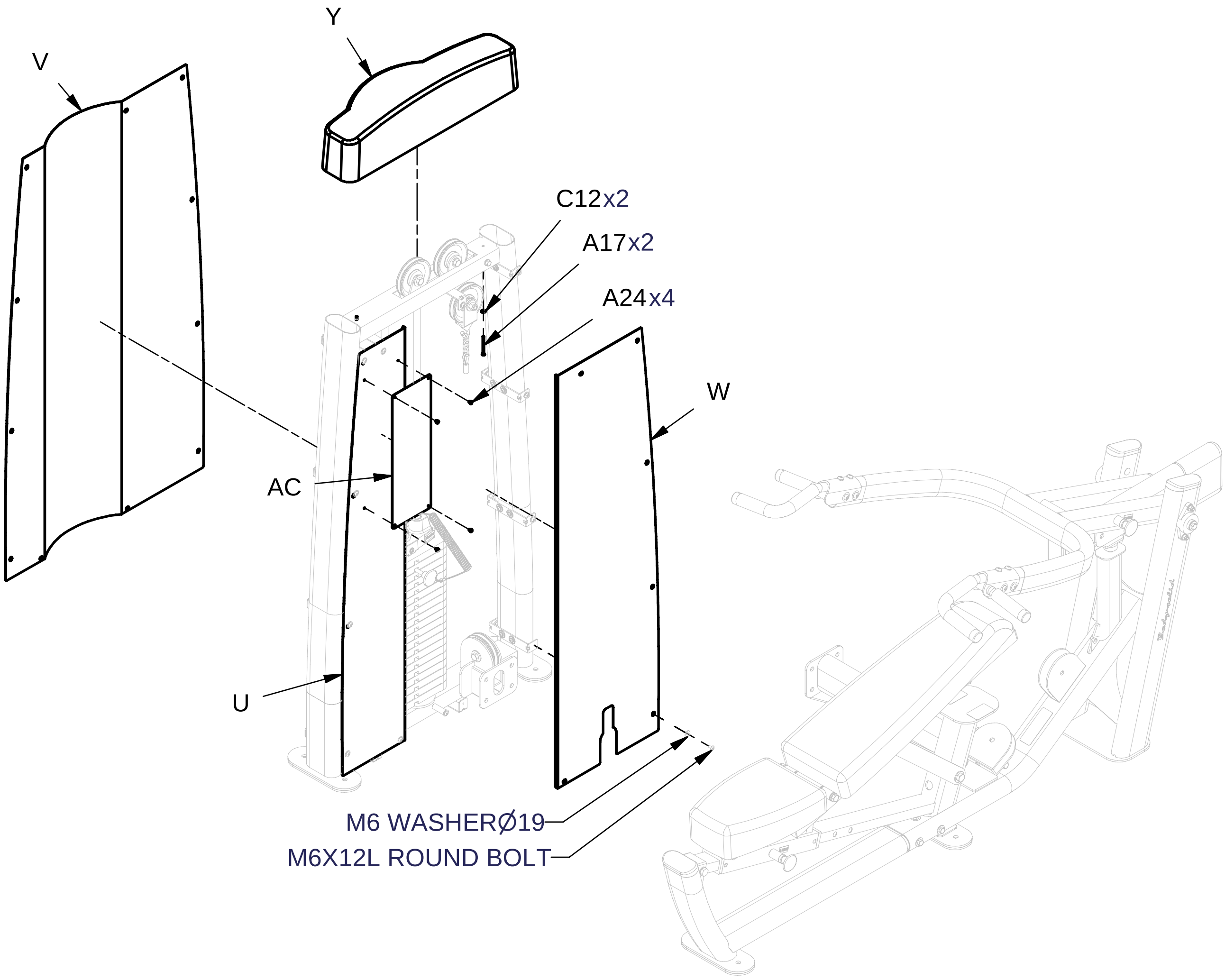


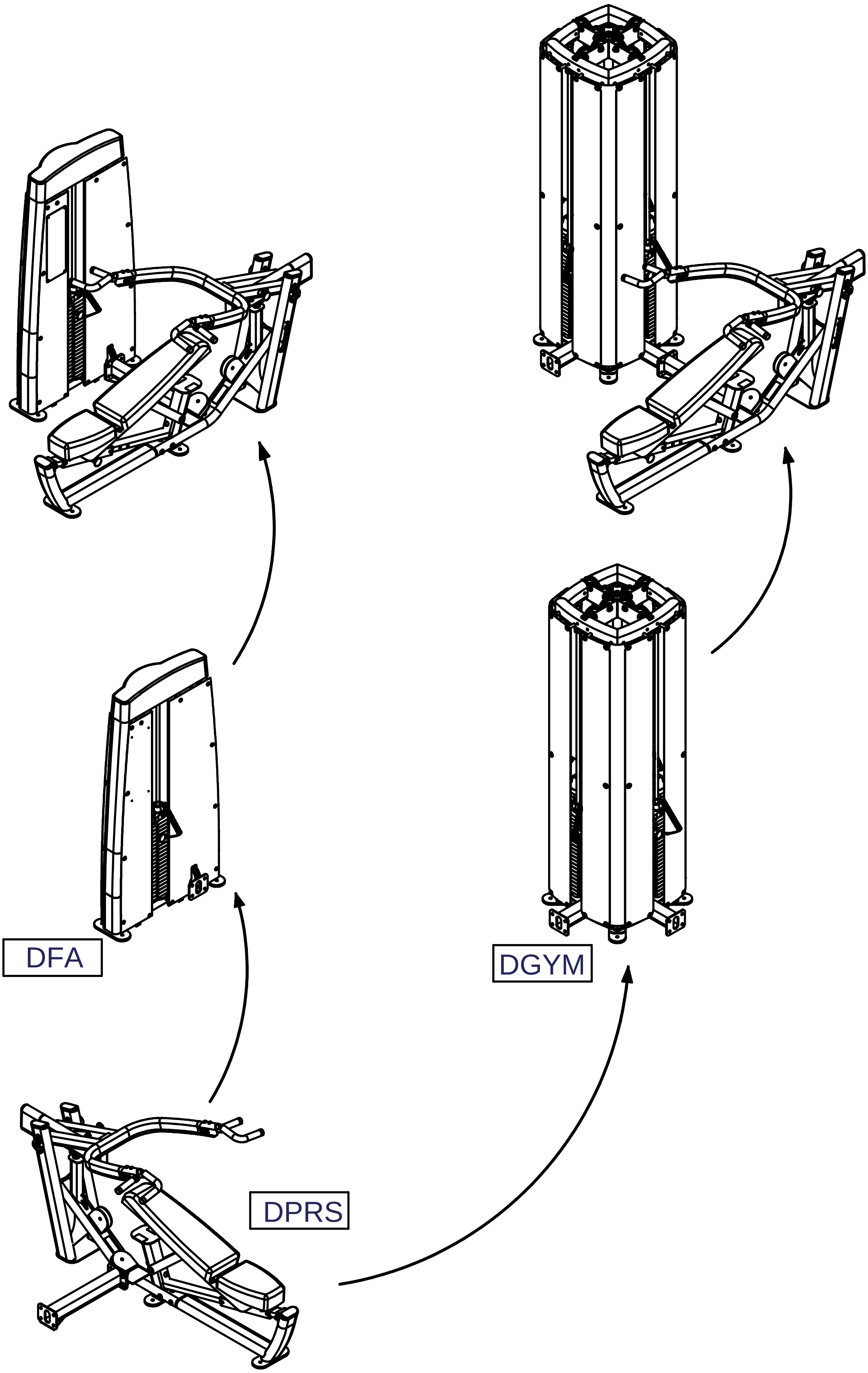




DETAIL VIEW



Above shows STEP 12
assembled and completed




DFA
DGYM
DPRS

Cable to match illustration

